



HarmoniA

WELLBEING

by DUKLEY

Winter Menu

Harmony is the secret of your wellbeing



Massages are available seven days a week by appointment. Each wellbeing therapy can be performed at our dedicated massage space or in the privacy of your room.

For all SPA enquiries or reservations, please contact Reception. Advance bookings are recommended to secure your preferred treatment time.

Dukley Hotels & Resort Reception: +382 69 170 006

Harmonia Hotel Reception: +382 69 170 023

Stratex Reception: +382 69 170 017

All our massages are performed using pure Ayurveda Soy Oil by Babor. Soy oil is highly recommended by cosmetologists for use as base oil for face therapies as well as body massages. Pure soybean oil has confirmed UV-protection qualities, helps to heal damage caused by overexposure to sun, protects the skin against moisture loss, it is rich in Omega-3 essential fatty acids, lecithin and vitamin A, B and E.



Full Body Massages

Aromatherapy

This massage combines the power of essential oils with massage therapy, benefitting both the mind and the body. Fragrant essential oils of your choice are added to the carrier massage oil to promote healing, enhance energy level and improve your mood.

55 min | 65 €

85 min | 95 €

Hot Stone Massage

During a hot stone massage smooth, heated basalt stones are placed on specific parts of your body. This type of massage allows you to enter into a deeper state of relaxation as the therapist works to relieve muscle pain and tension. Hot stone therapy also promotes better sleep quality.

55 min | 65 €

85 min | 95 €

Thai Oil Massage

This massage is a fusion between Swedish and Thai, giving you the best of both worlds. It uses gentle to firm pressure and stretching techniques to relax the entire body, helping you to de-stress and loosen up, to recover both mentally and physically.

55 min | 70 €

85 min | 100 €

Sports Massage

Sports massage is designed to assist in correcting issues that are caused by heavy physical activity. The application of sports massage prior to and after exercise may enhance performance, aid recovery and prevent injury. Therapist uses strong pressure to relieve tension in muscles and connective tissue, improve joint flexibility and correct posture.

55 min | 70 €

85 min | 100 €



Specialty Massages

Face Massage

Facial massage boosts blood and lymph circulation, removing any unwanted puffiness, helps to fight the forming of fine lines and reduces stress leaving you peaceful and relaxed. The immediate increase in oxygen flow will awaken the skin and give that healthy glow to your complexion.

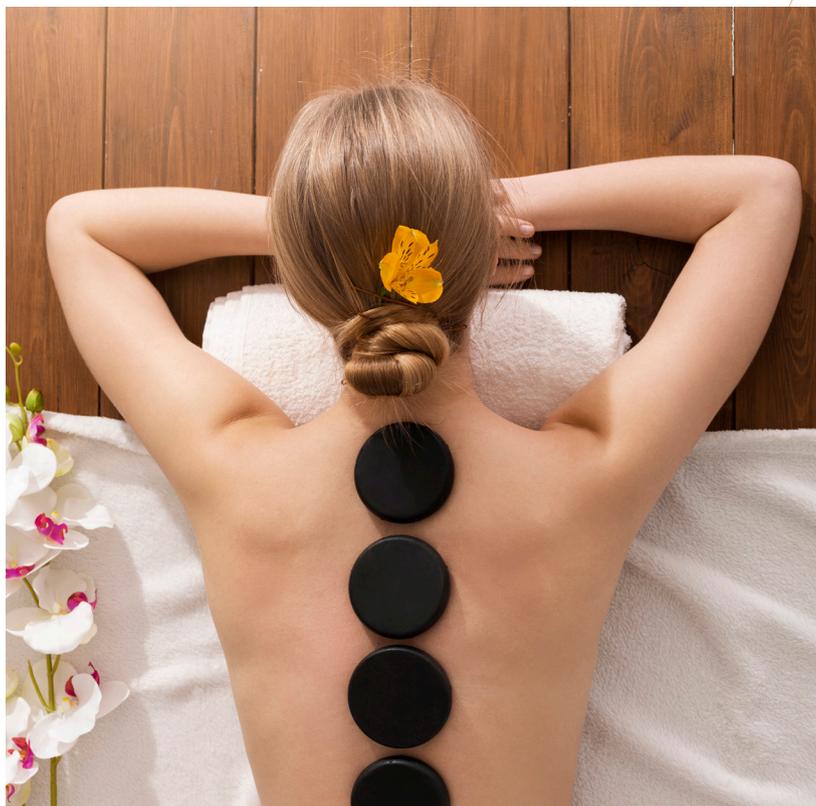
55 min | 65 €

Foot Massage

Start your day on the right foot by treating them to a well-earned massage.

With all the walking up and down the Montenegrin hills your feet deserve special attention to reduce muscle tension and fluid retention, improve blood circulation, relax exhausted soles and even relieve back pains and headaches.

55 min | 65 €





Express Massages

Express Back & Neck Massage

For those on the go. A short but intense session of back and neck massage will boost your spirit and set you up for a new day.

25 min | 35 €

Express Face Massage

A little pick-me-up to bring to boost your complexion.

25 min | 35 €

Express Foot Massage

A nice add-on to any full body massage.

25 min | 35 €

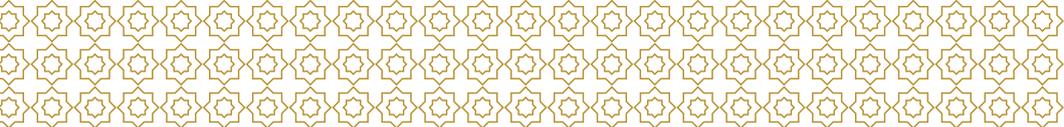
Wellbeing Offers

BUY-FIVE-GET-5%-OFF

Any 5 treatments can be prepaid at 5% discount. The offer is non-refundable, the treatments are to be redeemed within 35 days.

BUY-TEN-GET-7%-OFF

Any 10 treatments can be prepaid at 7% discount. The offer is non-refundable, the treatments are to be redeemed within 60 days.



HOW TO SPA

HEALTH Please inform your therapist of any medical history you may have. Kindly refrain from using massage if you are pregnant, have skin irritation, cuts, burns, or have had recent surgeries.

ARRIVALS Please arrive 10 minutes prior to your treatment in order to complete your lifestyle consultation form and take time to relax before your treatment.

LATE ARRIVALS Out of respect for other guests' reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.

CANCELLATIONS Please allow one hour notice on individual treatments cancellation; otherwise, 50% of the treatment price will be charged. Failure to keep your appointment will result in a 100% treatment charge.

PAYMENT For Dukley and Infinity hotels guests, all treatments will be charged to your room and will appear on your account at the time of departure. Otherwise, major credit cards or cash are accepted at any hotel Reception.



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